

**ANALYSIS RESULTS OF MONITORING AND EVALUATION CONTINGENT EAST  
JAVA ON NATIONAL SPORTS XIX WEST JAVA**

Budi Hantoro, S.Pd., M.Pd  
Fakultas Keguruan dan Ilmu Pendidikan  
Pendidikan Jasmani, Kesehatan dan Rekreasi  
**Universitas Kahuripan Kediri**  
budihantoro@kahuripan.ac.id

***Abstract***

*Training for athletes should have been undertaken in continuous and sustainable and begins as early as possible since individual show a wish in the field of sports , and should be implemented with coached the talent and sports achievement. Talk about national event as national sports week (PON), contingent east java was also experienced all that are similar to the state of indonesia which are not there is an increase of achievement. This could could be seen from the results of rank east java contingent on the operation of PON XVII contingent east java managed to become the top winner, but achievement that could not be maintained at PON XVIII in Pekanbaru Riau. Hence hub ahead of national sports XIX 2016 in Bandung west java contingent east java not wanted to experience something similar with the results of previous pound, contingent east java want to win back and repeating the successful at PON XV 2000 and PON XVII 2008 who ranks one a winner.*

**Keywords:** *Analysis, Monitoring, Evaluation, East Java and PON XIX West Java.*

## **INTRODUCTION**

The structure of puslatda who under discussion in one full month by a team under command prof. Hari Setijono, M.Pd., said of men who is also the executive director of sport science satlak prima, finished in discuss in february 2013. The team is consisting of the people of sports, nutritionists, and the science from amongst professional and academicians from the great universities in surabaya. The team designed, based science and technology (IPTEK).

This policy was carried out because of the targets KONI JATIM pursue want and weakness who makes Jatim failed in a PON Riau, with a relatively short time. Formats Puslatda 100/III based science and technology with a team “Three Pillars” consisting of physical team, team nutrition and health and team psychology, have started to since undertook the selection of an athlete who worthy of inhabiting Puslatda. The athletes aim candidates the inhabitants of the Puslatda, required to follow and must pass a series of the resources the ability, the nutrition and health and kejiwaannya test. The same is true for coach, the targets Puslatda preparation PON XIX/2016 only inhabited a row of athletes and coach choice.

From the opinion of the above, will be discussed in this research that the physical aspects can be used as one of a prediction of achievement sports, physically is very important consideration. From experience and the results obtained by the Indonesian contingent at the sports in urban asia as asian games and sea games, achievement sports country the longer perishing its ranking in the medal. The result above of course have an impact on event that is in the country own as national sports (PON and other national event).

## **METHOD**

As a broad outline there are two kinds of types of design : design ex post facto capital and design eskperimental. Factors that distinguish the two this design is that the design first does not occur manipulation variable free while in design the second there are the manipulation variable free. The main objective of using design those who are is exploration and descriptive; and design both are eksplanatori (causation).

If viewed from the side of their level of understanding the problems that were researched, then design ex post facto generate a level of understanding of the issues that were examined on a level the surface being experimental design can generate a level of a profound understanding . Both the principal design they have a sub design more specialized. Included in the first category is field studies and surveying. Being included in the second category is experiments in the field (field experiment) and experiment in a laboratory (laboratory experiment). In this study are more likely to lead to the category of the first field study.

The data used was secondary data taken from the data test physical in SSFC State University Surabaya, data achievement athletes at the time pre PON taken in each the provincial sport branch and fixed data medal taken in office Koni Province of East Java.

The data that has been collected analyzed a sort of descriptive set by comparing between the data on a prediction the medal that submitted by coach, with real data about the medal, then the data pre and post test to know an increase in from the capacity physical an athlete who has measured in the laboratory sports science and fitness center state university surabaya. Data prediction the medal outlined by coach was benchmark the ability of a coach to be able to make a picture strategy the ability atletnya after knowledge test results and pilot athletes bring you up. Result tests the ability of physical is considered that very much determined for coach to known the result exercise which has been done.

## **RESULT AND DISCUSSION**

Revenue medal contingent east java in PON XVIII Riau 2012, by the acquisition gold medals 84, silver medal 83 and a bronze medal 78 of the total number the game 584 from 58 sports.

NO	CABOR	NOMOR	PON XVIII			NO	CABOR	NOMOR	PON XVIII		
1	Aeromodeling	7	2	-	1	30	Kriket	-	-	-	-
2	Anggar	12	1	-	1	31	Layar	16	4	4	3
3	Angkat Berat	15	-	-	-	32	Loncat Inc	10	5	5	-
4	Angkat Besi	15	1	-	1	33	Menembu	26	10	4	1
5	Atletik	47	9	7	4	34	Panahan	12	5	3	2
6	Balap Motor	4	-	-	1	35	Panjat Te	-	-	-	-
7	Balap Sepeda	14	3	5	2	36	Paralaya	6	-	-	1
8	Berkuda	-	-	-	-	37	Pencak Si	20	3	2	3
9	Biliar	12	-	-	4	38	Parahu N	9	-	-	-
10	Binaraga	8	3	1	-	39	Polo Air	2	-	-	-
11	Bisbol	1	-	-	1	40	Renang	32	-	8	7
12	Bola Basket	2	-	-	-	41	Renang Id	3	-	2	-
13	Bolavoli	4	1	2	1	42	Renang P	-	-	-	-
14	Boling	10	-	-	-	43	Selam	14	4	5	3
15	Bridge	5	-	-	-	44	Senam	24	7	7	4
16	Bulu Tangkis	7	-	1	4	45	Sepak Bol	1	-	-	-
17	Catur	10	1	-	-	46	Sepak Tak	8	5	1	2
18	Dansa	-	-	-	-	47	Sepatu R	10	-	-	3
19	Dayung	13	3	-	1	48	Ski Air	7	2	1	4
20	Drumben	-	-	-	-	49	Softball	2	-	-	1
21	Futsal	1	-	-	-	50	Squash	5	2	2	1
22	Gamtole	4	1	1	1	51	Taekwond	18	-	-	2
23	Golf	7	-	1	-	52	Tarung D	10	-	1	-
24	Gulat	21	-	6	2	53	Tenis D	7	-	-	2
25	Hoki	-	-	-	-	54	Tenis Me	7	6	4	3
26	Judo	16	1	2	3	55	Terbang L	13	-	3	2
27	Kano & Kayak	15	1	-	-	56	Terjun Pa	5	-	-	-
28	Karate	17	1	1	5	57	Tinju	15	-	-	-
29	Kempo	14	-	1	-	58	Wushu	21	3	3	2

Perolehan medali PON XVIII 2012						
Peringkat	Status	Provinsi				Total
1	▲ 1	DKI Jakarta	110	101	112	323
2	▲ 2	Jawa Barat	99	79	101	279
3	▼ 2	Jawa Timur	86	86	84	256
4	▲ 1	Jawa Tengah	47	52	68	167
5	▼ 2	Kalimantan Timur	44	45	50	139
6	▲ 4	Riau	43	39	51	133
7	▼ 1	Sulawesi Selatan	19	17	21	57
8	▼ 1	Sumatera Utara	15	19	23	57
9	—	Bali	15	18	30	63
10	▼ 2	Lampung	15	9	10	34
11	▲ 5	Sumatera Barat	12	12	25	49
12	▲ 13	Nusa Tenggara Barat	11	5	8	24
13	▲ 1	Sumatera Selatan	10	14	29	53
14	▼ 1	DI Yogyakarta	10	12	16	38
15	▼ 4	Papua	9	11	16	36
16	▲ 5	Kalimantan Barat	6	6	13	25
17	▼ 5	Sulawesi Utara	6	6	8	20

Perolehan medali PON XVIII 2012						
Peringkat	Status <sup>[6]</sup>	Provinsi				Total
18	▲ 8	Kalimantan Tengah	6	4	6	16
19	▼ 1	Kalimantan Selatan	5	12	19	36
20	—	Maluku	4	10	5	19
21	▲ 1	Banten	4	8	18	30
22	▲ 5	Kepulauan Riau	4	1	5	10
23	▲ 1	Nusa Tenggara Timur	3	9	5	17
24	▼ 9	Jambi	3	8	20	31
25	▼ 2	Aceh	3	5	18	26
26	▼ 7	Papua Barat	3	3	11	17
27	▼ 10	Sulawesi Tenggara	3	0	2	5
28	▲ 1	Bangka Belitung	2	3	4	9
29	▲ 3	Gorontalo	2	1	1	4
30	▲ 1	Sulawesi Tengah	1	1	1	3
31	▼ 3	Bengkulu	0	2	4	6
32	▼ 2	Maluku Utara	0	0	1	1
33	—	Sulawesi Barat	0	0	0	0
<b>Total</b>			<b>600</b>	<b>598</b>	<b>785</b>	<b>1983</b>

Revenue medal contingent east java in PON XIV West Java 2016, by the acquisition gold medals 132, silver medal 137 and a bronze medal 136 of the total number the game 759 from 58 sports .

Per. #	Provinsi #	Emas #	Perak #	Perunggu #	Jumlah #
1	Jawa Barat	217	157	157	531
2	Jawa Timur	132	138	134	404
3	DKI Jakarta	132	124	118	374
4	Jawa Tengah	32	56	85	173
5	Kalimantan Timur	25	41	73	139
6	Bali	20	21	35	76
7	Riau	18	26	27	71
8	Papua	17	19	32	68
9	Sumatera Utara	16	17	33	66
10	DI Yogyakarta	16	16	25	57
11	Sumatera Barat	14	10	20	44
12	Sulawesi Selatan	12	23	28	63
13	Banten	11	10	26	47
14	Nusa Tenggara Barat	11	10	18	39
15	Lampung	11	9	16	36
16	Kalimantan Selatan	9	10	18	37
17	Aceh	8	7	9	24
18	Nusa Tenggara Timur	7	7	9	23
19	Kepulauan Riau	7	4	7	18
20	Maluku	7	3	9	19
21	Sumatera Selatan	6	11	14	31
22	Kalimantan Barat	6	8	16	30
23	Jambi	6	6	21	33
24	Sulawesi Tenggara	6	4	4	14
25	Papua Barat	4	2	10	16
26	Kalimantan Tengah	3	4	4	11
27	Kalimantan Utara	3	0	3	6
28	Gorontalo	2	0	1	3
29	Bangka Belitung	1	6	4	11
30	Maluku Utara	1	1	2	4
31	Sulawesi Utara	1	0	8	9
32	Sulawesi Tengah	0	4	7	11
33	Bengkulu	0	2	2	4
34	Sulawesi Barat	0	0	1	1
<b>Total</b>		<b>761</b>	<b>756</b>	<b>976</b>	<b>2493</b>

NO	CABOR	NOMOR	PON XIX			NO	CABOR	NOMOR	PON XIX		
1	Atletik	47	4	9	3	30	Binaraga	8	2	-	1
2	Renang	40	9	10	14	31	Sepak Takraw	8	2	1	4
3	Menembak	34	7	9	3	32	Aeromodelling	9	4	2	1
4	Senam	24	9	11	9	33	Bulu Tangkis	7	-	1	2
5	Gulat	26	4	4	6	34	Golf	7	4	1	3
6	Wushu	23	2	5	3	35	Ski Air	12	6	2	3
7	Pencak Silat	21	3	2	3	36	Tenis	7	6	1	1
8	Taekwondo	20	1	-	4	37	Tenis Meja	7	2	3	5
9	Karate	17	2	2	1	38	Paralayang	8	4	3	1
10	Judo	22	-	5	1	39	Bridge	5	1	1	2
11	Layar	25	3	5	5	40	Squash	5	1	2	2
12	Angkat Berat	15	-	1	2	41	Terjun Payung	6	-	-	-
13	Angkat Besi	15	4	-	4	42	Balap Motor	4	-	-	2
14	Kano & Kayak	16	2	3	2	43	Bolavoli	4	1	3	1
15	Tinju	16	-	-	1	44	Gantole	6	-	-	1
16	Balap Sepeda	22	6	2	5	45	Renang Indah	3	-	2	-
17	Kempo	17	-	-	1	46	Bola Basket	2	-	1	1
18	Selam	22	11	10	6	47	Polo Air	2	-	-	-
19	Dayung	15	-	2	2	48	Softball	2	-	1	-
20	Terbang Layang	9	-	1	1	49	Bisbol	1	-	-	-
21	Anggar	12	-	1	2	50	Futsal	1	-	-	1
22	Biliar	16	-	-	1	51	Sepak Bola	1	-	-	-
23	Panahan	18	6	4	4	52	Panjat Tebing	18	3	7	5
24	Boling	11	4	6	3	53	Berkuda	15	2	2	-
25	Catur	15	1	1	3	54	Dansa	15	4	-	-
26	Loncat Indah	10	5	3	1	55	Drumben	10	-	-	-
27	Sepatu Roda	18	4	3	2	56	Renang Perairan Terbuka	6	2	1	2
28	Tarung Derajat	17	1	3	4	57	Hoki	4	-	-	-
29	Perahu Naga	9	-	1	2	58	Kriket	4	-	-	-

## **CONCLUSION AND SUGGESTION**

### **Conclusion**

Of the review that had been present then in this research can be concluded as follows:

- 1) Monitoring and evaluation was needed to prepare contingent who will be in domains of sports week the national level and also in other events.
- 2) A prediction the coaches sport branch contingent East Java been included in national sports XIX 2016 in West Java some accordance with the target , others did not met the target proposed. In the average of all prediction could be met and some sport to exceed the target.
- 3) Physical examination the capacity of an athlete is necessary to be as an evaluation for the success of exercise. And existing data indicate that national athletes still be under the criteria for standard norm international athletes

### **Suggestion**

They would theoretical study of writing this thesis, there are some of the suggestions can set aside as follows :

- 1) Analysis monitoring evaluation are the activities that cannot be abandoned in any activity, especially in even sports accustom involving these activities for diplomatic training proven on the outcome of a championship or a race, so that the coach, managers and athletes can evaluate the act of attempts should also be made next.
- 2) To prepare contingent especially in multi even required a prediction the medal that submitted by the coaches that the coach work harder to meet the target, besides that the contingent on paper can see the ability of athletes if we want to compared to athletes contingent another.
- 3) Examination capacity physical athletes needs to be done routinely in accordance with perodesasi to know the development of the results of exercise, so that the coach can serve more from the pretest and posttest.

- 4) Need to increased knowledge of the coach to support the success of the job of each coach.

## **REFERENCES**

Bompa, TO, 1993. *Periodization Of Strength. New Wave in Strength Training.* Toronto : Veritas Publishing Inc.

Clarke, D.H, 1980. *Muscular Strength and Endurance Methode For Development.* Salt Lake City :

Utah Gegihnton Publishing Company.

Collins Ed.D & Patrick B. Hodges, Ph, D, 1978. *A Comprehensive Guide to Sports Skills Tests and Measurement.* Charles C. Thomas, Publisher, Springfield Illinois USA.

Gysberg, Norman C. & Handerson, Patricia, 1998. *Developing and Managing Your School Guidance Program.* American Association for Counseling and Development. Virginia Stevenson. Avenue Alexandria.

Harsono, 1998. *Coaching dan Aspek-aspek Psikologis Dalam Coaching,* Depdikbud Direktorat Pendidikan Tinggi, Jakarta.

Kent, M. 1994. *The Oxford Dictionary Of Sport Science and Medicine.* New York : Oxford Univercity Press.

Kirkendall, D.R. Gruber, J.J. & Johnson, R.E, 1980. *Measurement and Evaluation for Physical Education.* Doboque, IOWA, Wn. C. Brown Company Publisher.

KONI Jatim, 2005. *Pusat Latihan Daerah Jatim 100,* Surabaya : KONI Jatim.

Prawirasaputra, S. Lutan, R. & Yusuf, U, 2000. *Dasar-dasar Kepelatihan.* Jakarta : Departemen Pendidikan dan Kebudayaan, Direktorat Jenderal Pendidikan Dasar dan Menengah